

Table listing various classes and events such as singing, dancing, and fitness, including details like dates, times, and fees.

Table with columns for class names, days, and times, including a section for 'ダンス' (Dance).

Table listing dance classes and workshops, including 'ハワイアンフラゼロスタート!!' and 'ダンス'.

Advertisement for 'ハワイアンフラゼロスタート!!' featuring a photo of a dancer and text describing the course.

Table listing various dance and fitness classes, including jazz, ballroom, and fitness.

Table listing dance classes, including jazz and ballroom, with details on fees and instructors.

Table listing dance and fitness classes, including jazz and fitness.

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Table listing classes for '橋バレエ教室' with details on schedule and fees.

Table listing classes for 'クラシックバレエ' with details on schedule and fees.

健康・スポーツ

Advertisement for '太極拳&太極剣' featuring a photo of practitioners and text about the course.

Table listing various martial arts and fitness classes.

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Table listing various fitness and wellness classes.

工芸

Advertisement for 'シャドーボックス' featuring an image of a shadow box and text about the workshop.

Table listing various pottery and craft classes.

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Advertisement for 'コーヒーの基礎力を高めよう' featuring an image of coffee and text about the course.

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Advertisement for membership benefits, including discounts and special offers.

Advertisement for '読売6DoMo新聞' featuring a photo of the newspaper and text about the subscription.

Advertisement for '月刊よみかみ英文メールマガジン' featuring a photo of a magazine and text about the subscription.

Advertisement for '入会と受講のご案内' with contact information and details about the course.

Advertisement for 'おうちで身近な材料でできる薬膳茶を学びましょう' featuring an image of a tea set and text about the course.

Additional advertisement text for a course or service.